

## **CRESTWOOD PARK PRIMARY SCHOOL LUNCH MENU** SEPTEMBER 2022 TO APRIL 2023

### WEEK 1

5TH SEPT, 26TH SEPT, 17TH OCT, 31ST OCT, 21ST NOV, 12TH DEC, 2ND JAN, 23RD JAN, 13TH FEB, 27TH FEB, 20TH MAR

Tuna Pasta Bake v - Veggie Sausage Roll **Battered Fish Creamed Potatoes & Sweetcorn Jacket Potato Or Sandwich Served with a Variety** of Fillings Fruity Flapjack & Custard Salad Selection, Fresh Bread, Fresh Fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly

**BBQ Chicken Wrap** 

**Veggie Fish Finger Fish Finger** Potato Wedges, Carrots & Peas Jacket Potato Or Sandwich Served with a Variety of Fillings Lemon Drizzle Cake & Custard Salad Selection, Fresh White and Wholemeal Bread, Fresh Fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly

**Traditional Roast Chicken Quorn Chicken Fillet Fish Goujons Roast & Boiled Potatoes, Peas/Carrots** & Green Beans Jacket Potato Or Sandwich Served with a Variety of Fillings **Chocolate Surprise Cake & Chocolate Sauce** Salad Selection, Fresh Bread, Fresh Fruit, Yoghurt Cheese & Biscuits, Fruit Jelly

**Chicken Curry Rice & Naan Bread Crispy Quorn Nuggets** Fish Bites **Saute Potatoes, Broccoli and Carrots** Jacket Potato Or Sandwich Served with a Variety of Fillings **Apple Crumble & Custard** Salad Selection, Fresh Bread, Fresh fruit, Yoghurt Cheese & Biscuits, Fruit Jelly

## **WEEK 2**

12TH SEPT, 3RD OCT, 7TH NOV, 28TH NOV, 9TH JAN, 30TH JAN, 6TH MAR, 27TH MAR

**Cheese & Tomato Pinwheel Battered Fish** Herby Diced Potatoes, Spaghetti Hoops in **Tomato Sauce/Mixed Vegetables** Jacket Potato Or Sandwich Served with a **Variety of Fillings** Fruit Cheesecake Salad Selection, Fresh White/ Wholemeal Bread, Fresh Fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly 

Spaghetti Bolognaise & Garlic Bread **Vegetable Fingers Fish Finger Creamed Potatoes, Sweetcorn & Peas** Jacket Potato Or Sandwich Served with a **Variety of Fillings Chocolate Crunch & Mint Custard** Salad Selection, Fresh Bread, Fresh Fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly

**Traditional Roast Chicken Vegetarian Meatballs with Pasta in Tomato** Sauce **Fish Goujons Roast & Boiled Potatoes, Broccoli & Mixed Veg** Jacket Potato Or Sandwich Served with a **Variety of Fillings Apple Shortbread & Custard** Salad Selection, Fresh Bread, Fresh Fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly

**Mediterranean Chicken Wrap Cheese & Potato Pie Fish Bites** Potato Wedges, Baked Beans, Sweetcorn & Coleslaw

Jacket Potato Or Sandwich Served with a **Variety of Fillings** 

Pineapple Upside Down Cake & Custard Salad Selection, Fresh Bread, Fresh Fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly

## WEEK 3

19TH SEPT, 10TH OCT, 14TH NOV, 5TH DEC, 16TH JAN, 6TH FEB, 13TH MAR

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#### **Fish Fingers**

**Quorn & Sweet Potato Curry & Naan Bread** Potato Wedges, Boiled Rice, Sweetcorn / Peas Jacket Potato Or Sandwich Served with a **Variety of Fillings Carrot Cake & Custard** Salad Selection, Fresh Bread, Fresh Fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly 

#### **Homemade Meat & Vegetable Pie**

**Mac & Cheese Fish Fingers Creamed Potatoes, Broccoli & Mixed** Vegetables Jacket Potato Or Sandwich Served with a Variety of Fillings Sticky Toffee Pudding & Custard Salad Selection, Fresh Bread, Fresh Fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly

**Traditional Roast Chicken & Seasoning Quorn Fillet Fish Goujons Baby Boiled Potatoes, Carrots, Peas** Jacket Potato Or Sandwich Served with a **Variety of Fillings** Apple Sponge & Custard

Salad Selection, Fresh White and Wholemeal Bread. Fresh Fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly

### **All Day Brunch**

**Tomato Pasta Bake Fish Bites** Hash Brown Potatoes, Baked Beans & Country Veg Jacket Potato Or Sandwich Served with a Variety of Fillings **Chocolate Cracknel** Salad Selection, Fresh Bread, Fresh Fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly 

# FRIDAY

#### **Fish Cake**

**Cheese & Tomato Pizza** Chipped Potatoes, Baked Beans & Sweetcorn Jacket Potato Or Sandwich Served with a Variety of Fillings **Orange Iced Sponge** Salad Selection, Fresh Bread, Fresh Fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly

Hot Dog In A Roll **Cheese & Tomato Pizza Battered Fish Chipped Potatoes, Baked Beans & Peas** Jacket Potato Or Sandwich Served with a Variety of Fillings **Strawberry Mousse** Salad Selection, Fresh Bread, Fresh Fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly

**Salmon Bites Cheese & Tomato Pizza** Chipped Potatoes, Spaghetti Hoops & Sweetcorn Jacket Potato Or Sandwich Served with a Variety of Fillings Fruit & Ice cream Salad Selection, Fresh Bread, Fresh Fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly

There is to be no deviation from this menu, as these are fully nutritionally analysed and allergen information linked to our parent portal. clscatering.mysaffronportal.com





Dudley Corporate Landlord Services reserve the right to alter items subject to cost or availability. All information correct at time of printing.